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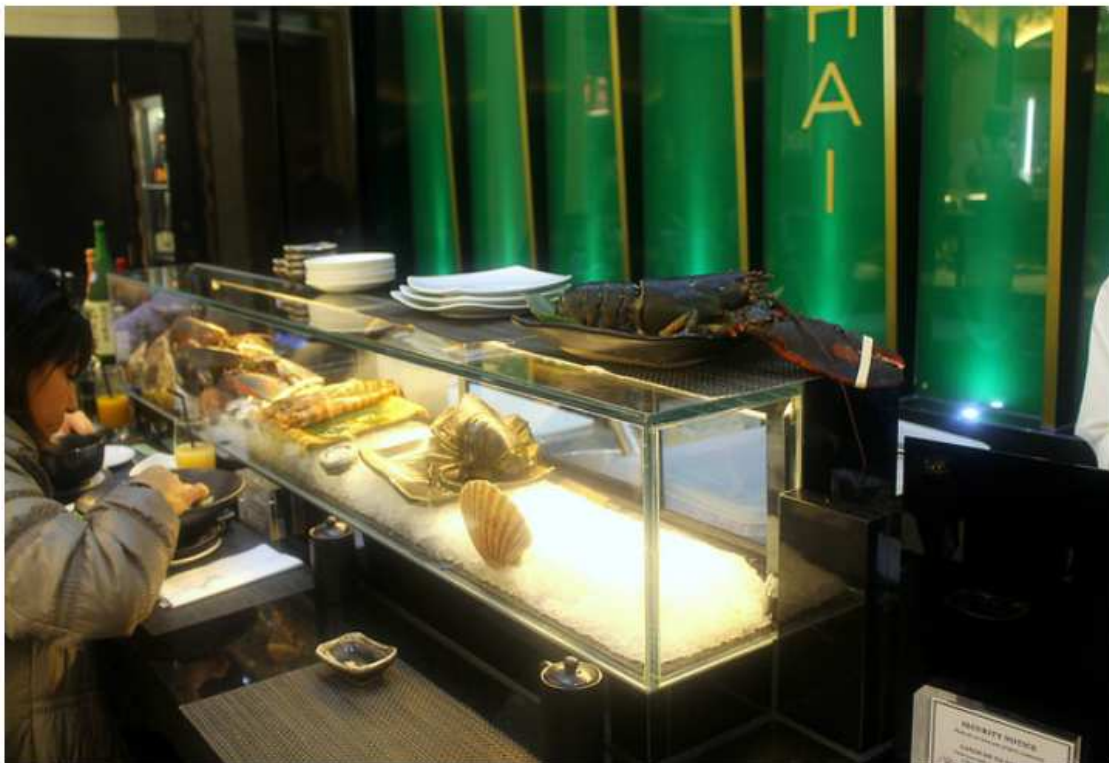
Wednesday, 14 May 2014

## Pan Chai at Harrods

Harrods can be a wonderful place, filled with shoes, clothes and furniture (I told you before I adore interiors). However it's a lesser talked about section that excites me- the restaurants.

A haven away from the heaving, desperate shoppers, me and Caroline decided to have an Asian inspired catch-up after being invited down by Pan Chai.

A small, bar style restaurant, with only 22 leather bar stools, we sat around the open-plan kitchen watching chefs handiwork.



And also keeping an eye on these poor souls. Happily still snapping away, sorry boys, I have a feeling the Harrods crowd like lobster for lunch.



Working in Canary Wharf, lunch is usually a rush affair, with a quick run down to the shops and back to the desk. I'm quite a regular at Itsu there; however I was desperate to try 'Proper' sushi. You know, fresh, quality sushi, and not that packaged mass produced stuff.

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We decided to start first with some edemame beans and miso soup while we waited for the sushi and sashimi to be freshly cut and rolled.



Pan Chai makes for an excellent people watching spot, and there is plenty to see in Harrods. With this we had our back turned when our waiter came over. With a little cough to bring us back round, we were stunned. Toto, I don't we are in Itsu anymore!



A steaming boat of Sushi and Sashimi!

Caviar topped sushi, gold leaf encrusted sashimi; it's the Bentley of the sushi world!



The platter also came with a crab, avocado and oscaria caviar salad. A delicious amalgamation of salty and fresh flavours. A real delight.

However, while we are approaching summer, that day it was rather nippy, so with all that cold fish, we were craving something to warm the old cockles.



And what better way that with beef. But not any old beef, no this was the best beef I've ever had. Wagyu Beef in a bulgogi sauce. So succulent, tender, and juicy. Oh I could have died right there and then and been happy. This is the Bentley of beef!



## Heroine in heels blog review – Pan Chai 14<sup>th</sup> May 2014

After cleanly finishing off the plate, we sat around and continued to people watch. There is none of that horrible rush here that fills the air of Harrods, the staff at Pan Chai are such a dream. Kind and attentive to make you feel relaxed after probably getting into a scuffle over who saw those Choo's first.

Which reminds me, Harrods has a shoe department doesn't it...

Pan Chai  
Harrods Food Halls  
87-135 Brompton Rd  
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