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MARCH 11, 2014

## Lunch for one please: Harrods Pan-Chai sushi bar



Once you go beyond the tourist-filled cosmetics and souvenir halls, Harrods can prove to be a real treasures' cave for London-based fashionistas: it hosts most if not all of the hottest labels, Céline to Saint Laurent, Bottega Veneta to Dior, has a huge section dedicated entirely to designer denim, has the best Manolo Blahnik selection of all of London, and comes way ahead of any other department store in many departments. And, I have to say, the superior service is unlike anywhere else. Over the years, this is the place I've turned to to order hard-to-find pieces, better prices than elsewhere, and I adore their loyalty programme.

I come here for the fashion, but also sometimes to find exclusive ingredients such as veal escalopes to make a Milanese for friends, and very often to sit down for a lunch date with my Kindle on a rare day of freedom. I know exactly where to head, each time: the Pan-Chai sushi bar on the ground floor is my favourite of all the eateries available at the Brompton Road emporium.

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## The Lilac Pages Pan Chai – 11<sup>th</sup> March 2014

Here, you can eat as much of as little as you want, and I love the met-in-the-mouth super fresh fish. I usually opt for the dragon rolls (delicious prawn tempura rolls covered in crunch tobiko), some nigiri sushi, and, for a little kick, some spicy tuna rolls. It's greatly entertaining to see the chefs work right on the other side of the bar, and the service is efficient and professional.

There are also some non sushi dishes for the non raw food lovers... so you can bring your sushi-hater friends along whilst you're enjoying the Japanese delicacies!

<http://www.panchai.com/>

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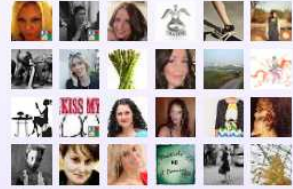
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